

CSVA Rules and Policies

CSVA will use the latest USAV rules except as modified below.

Minimum age: Players must reach 50 years of age by December 31st of the current year.

Net height: The net will be set to 7' 9^{5/8}" (the USAV co-ed height for players 55 and older).

Volleyballs: The Tachikara SV5W ball provided by CSVA to each team will be used for each team's home matches.

Uniforms: Matching shorts are not required.

Sub list: Teams may use up to two players from the CSVA sub list for a match. Players from the sub list may not be used if the team has six uninjured players capable of playing both front and back row from their own team in attendance at the match.

Sub list player restrictions: During each league session, a player from the CSVA sub list may not play more than two matches for the same team. A player from the sub list may not play for more than one CSVA team each Wednesday or for more than one team during the end-of-league tournament.

Set length and time constraints: Sets shall be to 25 points with no cap, with the following exceptions:

- For sites with multiple matches and 1 hour scheduled for each match: sets will be to 25 points with a cap at 27 points.
- For sites with strict time constraints: the third set will end at one minute before the match time expires. If the score is tied at that time, one more point will be played.

Rules modifications for upper divisions (div 1 – 4, or 1 – 3, if there are fewer than 7 divisions)

Female position: one position in the rotation must be designated as a female position. There must be a female in that position at all times.

Number of players: Teams may play with a minimum of 5 players one of which must be a female. When playing with 5 players one position in the rotation must be designated as a ghost position. When the ghost rotates to the serving position, the team using the ghost loses the serve and a point is awarded to the opponents. If a 6th player becomes available, they may substitute in for the ghost. Note: if the ghost is in a front row position then only two live players can hit in the front row.

Rules modifications for lower divisions (div 5 – 8, or 4 – 6, if there are fewer than 7 divisions)

Number of players: A minimum of 4 players are required to play a match.

Rotations: Teams may use either regular substitutions (per USAV rules) or rotational substitutions. If rotational substitutions are used, then every player must sub out when rotating into the center back position and be replaced by the next player in the rotation.

Uniforms: Matching shirts are required except during a team's first CSVA season. Numbers on shirts are recommended but not required. Matching shirts are not required for subs from the sub list. If a libero is used that player must have a shirt with a contrasting color.